



# HOW TO TAKE PART IN THE TEAL PUMPKIN PROJECT® IN YOUR COMMUNITY

Help create a safer, happier Halloween for all by following these simple steps.

# 1

## PROVIDE NON-FOOD TREATS FOR TRICK-OR-TREATERS

- Non-food options, like glow sticks, promote inclusion for trick-or-treaters with food allergies or other conditions.



# 2

## PAINT OR PURCHASE A TEAL PUMPKIN

- Paint a real pumpkin teal, using acrylic or spray paint.
- Or, purchase a pumpkin from a local retailer or online.

# 3

## PLACE THE TEAL PUMPKIN IN FRONT OF YOUR HOME

- This indicates to passersby that you have non-food treats available.
- You can find additional teal pumpkin accessories for your home at [store.foodallergy.org](http://store.foodallergy.org).



# 4

## DISPLAY A FREE PRINTABLE SIGN OR PREMIUM POSTER FROM FARE

- This will help explain the meaning of your teal pumpkin to visitors to your home.

# 5

## EMBRACE THE TEAL!

- Teal is the color of food allergy awareness. It has been used to raise awareness about this serious medical condition for nearly 20 years.
- Spread the word to your friends and neighbors to grow this movement!



# FARE

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